

Diana Lowe

CEO | BEST-SELLING AUTHOR |
POSITIVE PSYCHOLOGY
EXPERT | EXECUTIVE COACH



BIO

Diana Lowe is the Founder and CEO of **Blue Light Leadership**, where she helps organizations improve engagement, retention, and culture by changing how leaders show up under pressure.

She is a **best-selling author, PCC-credentialed executive coach, and former Forbes Coaching Council contributor**, with advanced training in **Emotional Intelligence, Positive Psychology, and Behavior Change**.

Her Coaching experience spans leaders from **Google, Meta, Salesforce, Intuit, BlackRock, Wells Fargo, Disney, NASA, IBM, HP, and Cisco**.

WHY BOOK HER

- Addresses difficult leadership behavior without blame or shame
- Connects emotional intelligence directly to performance and retention
- Creates real behavior change—not just inspiration
- Resonates with executives, HR leaders, and modern workforces

SPEAKING TOPICS

Leading the Disengaged: How to Fix the Culture Without Firing the Problem.

From Friction to Flourish: Coaching for Leadership Behavior Change.

Employee Engagement is an Inside Job: You Can't Buy Your Way to Happiness.

Engage or Exit: How Leaders Shape Culture or Lose Talent in 90 Days.

IDEAL AUDIENCES

- Executive & Senior Leadership Teams
- HR & People Leaders
- Leadership & Future-of-Work Conferences

AUDIENCE TAKEAWAYS

- Clear understanding of how leadership behavior shapes culture
- Practical tools leaders can apply immediately
- Language to make hard behavior coachable
- Accountability without burnout or escalation